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As the first of the nation's 78 million baby boomers begin reaching age 65 in 2011, they will face a health care workforce that is too small and woefully unprepared to meet their specific health needs. Retooling for an Aging America calls for bold initiatives starting immediately to train all health care providers in the basics of geriatric care and to prepare family members and other informal caregivers, who currently receive little or no training in how to tend to their aging loved ones. The book also recommends that Medicare, Medicaid, and other health plans pay higher rates to boost recruitment and retention of geriatric specialists and care aides. Educators and health professional groups can use Retooling for an Aging America to institute or increase formal education and training in geriatrics. Consumer groups can use the book to advocate for improving the care for older adults. Health care professional and occupational groups can use it to improve the quality of health care jobs. This new open access edition supported by the Fragility Fracture Network aims at giving the widest possible dissemination on fragility fracture (especially hip fracture) management and notably in countries where this expertise is sorely needed. It has been extensively revised and updated by the experts of this network to provide a unique and reliable content in one single volume.

Throughout the book, attention is given to the difficult question of how to provide best practice in countries where the discipline of geriatric medicine is not well established and resources for secondary prevention are scarce. The revised and updated chapters on the epidemiology of hip fractures, osteoporosis, sarcopenia, surgery, anaesthesia, medical management of frailty, peri-operative complications, rehabilitation and nursing are supplemented by six new chapters. These include an overview of the multidisciplinary approach to fragility fractures and new contributions on pre-hospital care, treatment in the emergency room, falls prevention, nutrition and systems for audit. The reader will have an exhaustive overview and will gain essential, practical knowledge on how best to manage fractures in elderly patients and how to develop clinical systems that do so reliably. Over the past two decades there has been a marked change in global age demographics, with the number of over-60s increasing by 82% and the number of centenarians by 715%. This new-found longevity is testament to the success of recent advances in medicine, but poses significant challenges to multiple areas of health care concerning older patients. Building upon its predecessor's reputation as the definitive resource on the subject, this new edition of the Oxford Textbook of Geriatric Medicine offers a comprehensive and multinational examination of the field. Fully revised to reflect the current state of geriatric medicine, it examines the medical and scientific basis of clinical issues, as well as the ethical, legal, and socio-economic concerns for healthcare policy and systems. Over 170 chapters are broken up into 16 key sections, covering topics ranging from policy and key concepts through to infection, cancer, palliative medicine, and healthy ageing. New material includes focus on the evolving concepts of malnutrition, sarcopenia, frailty, and related geriatric syndromes and integration of geriatric principles from public health, primary and specialized care, and transitional stages from home to emergency, medicine and surgery, rehabilitation, and long term care. The Oxford Textbook of Geriatric Medicine brings together specialists from across the globe to provide every physician involved in the care of older patients with a comprehensive resource on all the clinical problems they are likely to encounter, as well as on

related psychological, philosophical, and social issues. This book distills the wealth of knowledge contained in the classic text, *Geriatric Medicine: An Evidence-Based Approach*, 4/e into a practical guide for primary care, family medicine, and internal medicine residents. Written by top experts in the field, the book offers a detailed, compact overview of geriatric care. It addresses geriatric pharmacology, Medicare and Medicaid, and numerous other subjects unique to older adults. The case-based instructional approach helps readers navigate the complexity of prevention, presentation, and treatment for conditions such as depression, dementia, and hypertension. Graphs and tables aid the reader in determining the proper courses of treatment. Reichel's formative text is designed as a practical guide for health specialists confronted with the unique problems of geriatric patients. The *Oxford Handbook of Geriatric Medicine* provides user-friendly advice in a field that has limited evidence, yet makes up a substantial proportion of the work of most clinicians. Explore how community-based networks can effectively meet the needs and problems of sick, elderly people and their caregivers! *Social Work in Geriatric Home Health Care: The Blending of Traditional Practice with Cooperative Strategies* explores how social workers, aides, nurses, administrators, and policy makers can cooperatively work by maintaining appropriate health records in order to keep the elderly living at home. Based on the author's twenty-five years of social work experience in geriatric home care case management, this book explores improved ways to organize home health care by use of cooperative strategies in order to assist older individuals in living independent lives at home. Complete with informative case studies and interviews, you will explore useful examples of geriatric social work practice through Concerned Home Managers for the Elderly, (COHME) a nonprofit, licensed home health care agency. *Social Work in Geriatric Home Health Care* examines many crucial geriatric care and case management issues of concern to geriatric social workers, including: offering meaningful and fulfilling work as a home health care aide providing high-quality training and ongoing education for home care aides creating a cooperative environment by encouraging staff, social workers, and nurses to share expertise with the case management coordinators who are responsible for placing the geriatric patient at home or in a special care facility involving the client in the management of his or her own health care creating concise, one-page reports for each home visit by using a "One-Sheet" to help you extract case assessments and plans for your geriatric client in a readily accessible format dealing with state regulatory authorities and the general trend in home health care to place the elderly in nursing homes paying careful attention to financial and administrative problems within your organization while striving to remain true to your original mission of providing at-home care *Social Work in Geriatric Home Health Care* will help you explore a different way of organizing home health care for the sick and elderly at a time when the percentage of people over sixty-five who will require care is rapidly increasing. This important book works to improve the case management of geriatric people and challenges home health care workers and legislators to become more progressive in their thinking about the direction in which geriatric health care should move at the turn of the century. With this vital book, you will gain insight into organized and cooperative methods of providing home health care for the elderly and find improved methods for managing your geriatric cases to give your clients optimum care. This new edition of the comprehensive and renowned textbook *Principles and Practice of Geriatric Medicine* offers a fully revised and updated review of geriatric medicine. It covers the full spectrum of the subject, features 41 new chapters, and provides up-to-date, evidence-based, and practical information about the varied medical problems of ageing citizens. The three editors, from UK, USA and France, have ensured that updated chapters provide a global perspective of geriatric medicine, as well as reflect the changes in treatment options and medical conditions which have emerged since publication of the 4th edition in 2006. The book includes expanded sections on acute stroke, dementia, cardiovascular disease, and respiratory diseases, and features a new section on end-of-life care. In the tradition of previous editions, this all-encompassing text continues to be a must-have text for all clinicians who deal with older people, particularly geriatric medical specialists, gerontologists, researchers, and general practitioners. This title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from Google Play or the MedHand Store. Praise for the 4th edition:

"...an excellent reference for learners at all clinical and preclinical levels and a useful contribution to the geriatric medical literature." —Journal of the American Medical Association, November 2006 5th edition selected for 2012 Edition of Doody's Core Titles™ cs.nurse.gerontol - This book presents a mode of care relevant and essential to good practice-based approach to nursing profession - It explains specifically about special needs arising due to the changes in aging - A unique kind of proficiency is expected in dealing with the aged and elderly people both by medicos and nursing professionals - In a non-technical style, this book offers practical guidance on ethical approach for health care of elderly people. Gives tips and hints to tackle day-to-day problems to perform responsibility towards caring for the aged in whatever setting they are and how to behave and act accordingly - An empathetic and sensitive heart and mind only can do justification to handle cases of health care of elderly people As the Baby Boomers age, concerns over healthcare systems' abilities to accommodate geriatric patients grow increasingly challenging. This is especially true with the population deemed to be "the oldest of the old," specifically those over the age of 85. Unlike any other time in history, this demographic is the fastest growing segment of most developed countries. In the United States the oldest old is projected to double from 4.3 million to 9.6 million by 2030. The increased life expectancy of the population since the early 1900s has been built on the improvement of living conditions, diet, public health and advancement in medical care. With this we have seen a steady decline in the age-specific prevalence of vascular and heart diseases, stroke and even dementia. Older persons are healthier today than their counterparts decades ago. More importantly than in any other age group, the care of the oldest old must be individualized; management decisions should be made taking into consideration the older persons' expressed wishes, quality of life, function and mental capacity. The inevitable consequence is that there will be an increase in the prevalence of older persons with chronic diseases, multiple co-existing pathologies and neuro-degenerative diseases. The oldest of the aging population are often excluded from drug trials and their treatments are largely based on findings extrapolated from that of the younger old. Furthermore, among the oldest old, physiologically they are more diverse than other segments of the population. Their demographic characteristics are unparalleled and different compared to that of the younger old. Several studies have drawn attention to the differing attitudes among health professionals towards elderly people and many show prejudice because they are old. As a result, the use of age as a criteria in determining the appropriateness of treatment is of very limited validity, yet there are limited resources that guide physicians through these challenges. This book creates a greater awareness of these challenges and offers practical guidelines for working within the infrastructures vital to this demographic. This book is designed for geriatricians, primary care physicians, junior medical officers, specialty geriatrics nurses, and gerontologists. It is divided into 3 sections: General Considerations, Chronic diseases and Geriatric Syndromes. Each chapter provides a summary of important and essential information under the heading of Key Points. Case studies are included in some of the chapters to highlight the principles of management. "The information [in this book] is amazing. I reviewed topics in which I have expertise and was very satisfied. This is an excellent addition to my library and I will refer to it often, much like a medical dictionary. Score: 90, 4 Stars.--Doody's Medical Reviews "The third edition of this encyclopedia provides 273 comprehensive, yet succinct, entries on a variety of topics related to elder care. ... In addition, many of the entries include see also references that help readers easily navigate the book. Entries are written at an undergraduate level and would be useful for practitioners, students, and caregivers...Recommended."--Choice: Current Reviews for Academic Libraries This interdisciplinary clinical reference encompasses more than 310 current entries on a broad range of topics related to geriatrics and geriatric care across multiple health care disciplines. The third edition reflects the many advances in geriatrics that have occurred since the publication of the second edition in 2006. It contains the updated, evidence-based contributions of more than 260 nationally recognized geriatric healthcare professionals regarding elder-care concerns relating to society, community, caregiving, and the individual. Completely new entries address Geriatric Care Models (acute care for elders, Project BOOST), Geriatric Health Issues (diarrhea in adults, prolonged hospitalization,

frailty, fronto-temporal dementia, re-hospitalization, acute urinary retention, personality and aging, primary palliative care), Technology and Aging (Smart home sensors, Telehealth, Surveillance technology), and more. The Encyclopedia is organized alphabetically and includes links to important Web-based resources and Apps. Clinical topics comprehensively address diagnosis, treatment, and disease management. Health care clinicians across the continuum will find this reference—the only one of its kind—to be a valuable guide to making appropriate referrals to social service providers, and social service professionals will be well informed by highly accessible descriptions of diagnoses, clinical syndromes, and care management. Key Features: Includes over 310 updated geriatric and geriatric care clinical entries across multiple healthcare disciplines Contains state-of-the-art contributions from over 260 nationally recognized geriatric healthcare experts Provides clinical content for social service professionals and social care information for clinicians Offers new information on multiple topics relating to Geriatric Care Models, Geriatric Health Concerns, and Technology and Aging References numerous Web-based resources and Apps The growing geriatric population in the United States has created an increasing need for palliative medicine services across the range of medical and surgical specialties. Yet, palliative medicine lacks the resources to carry such a workload itself. Geriatric Palliative Care addresses this need by encouraging individual specialties to "own" the management of elderly with the same vigor as they "own" other key management competencies within their specialty. This clinically focused and highly practical handbook, which compliments the more comprehensive text Geriatric Palliative Care by Sean Morrison and Diane Meier (Oxford University Press, 2003), encourages this process of learning and ownership across many medical specialties. Designed to be readable and easily accessible to a range of health care providers, Geriatric Palliative Care outlines specific strategies for caring for specific palliative care issues common in elderly patients. The handbook also provides evidence based advice for helping patients, relatives, and staff cope with such issues as polypharmacy, dementia and consent, multiple pathologies, home care, elderly caregivers, and supporting the elderly in the place where they would like to be. This book creates a value proposition in geriatric care - a promise of value to be delivered to improve care and to provide specific benefits to healthcare systems. It describes strategies and understanding of the incentives, barriers encountered in promoting changes in the healthcare systems, and discusses numerous examples and outcomes. Drawn from many fields such as medicine and science, sociology, politics, business and economics, the book helps guide the introduction of geriatric principles into mainstream medical care with the goal of improving the care and quality of life of older persons in all healthcare systems. There is both a timeliness and a transcendent 'rightness' in the fact that scholars, clinicians, and health professionals are beginning to examine the ethics-based components of decision making in health care of the elderly. Ethics - as the discipline concerned with right or wrong conduct and moral duty - pervades hospital rooms, nursing home corridors, physicians' offices, and the halls of Congress as decisions are made that concern the allocation of health-related services to individuals and groups in need. In particular, care of older persons recently has received disproportionate attention in discussions of ethics and clinical care. Age alone, of course, should not generate special focus on ill individuals about whom concerns arise based on value conflicts tacitly involved in the delivery of health care. Having said that age is not the principal criterion for attention to ethics-based concerns in health care, it must be acknowledged that old people have a high prevalence of conditions that provoke interest and put them in harm's way if value conflicts are not identified and seriously addressed. Issues that concern autonomy, the allocation of scarce resources, inter-generational competition and conflict, the withholding of treatment in treatable disease, and substitute and proxy decision making for the cognitively impaired all have special relevance for older persons. Provides coverage of the issues surrounding geriatric critical care, emphasising assessment and treatment. An invaluable ready reference for doctors, nurses and health professionals involved in geriatrics, and Diploma in Geriatric Medicine candidates. Written by international experts, this book presents chapters that cover common geriatric conditions including dementia, depression, delirium, falls, polypharmacy, incontinence, immobility, and medication-related issues, as well as neurological,

cardiovascular, and endocrine diseases associated with old age. The book also discusses various aspects of ambulatory, residential, and palliative care for the elderly, in addition to ethical aspects of old age care, advance care planning and living wills. Geriatric medicine is a rapidly growing field in internal medicine. The majority of elderly people now live in developing countries, where there is an urgent need to up-skill healthcare professionals. By presenting problems as they arise and then discussing how to solve them, this book offers a valuable resource for all physicians interested in the care of older people. People are living longer and the population over the age of 60 is burgeoning, with repercussions for health services and healthcare expenditure in developed countries. Crucially, disease aetiology, diagnosis, and treatment in older people differ from the general adult population. Older people often have complicated co-morbidities and respond to treatment in different ways compared to younger people. Evidence of efficacy of different treatments is often lacking because older people are under-represented in clinical trials, and the specific needs of older people are rarely discussed specifically in more general texts. Geriatric medicine: an evidence based approach is a clinical reference for health care professionals who manage older patients, and summarizes up-to-date research literature in a style that can be directly applied by busy healthcare professionals and provide a useful resource for reference. This book discusses all important aspects of emergency medicine in older people, identifying the particular care needs of this population, which all too often remain unmet. The up-to-date and in-depth coverage will assist emergency physicians in identifying patients at risk for adverse outcomes, in conducting appropriate assessment, and in providing timely and adequate care. Particular attention is paid to the common pitfalls in emergency management and means of avoiding them. Between 1980 and 2013, the number of older patients in emergency departments worldwide doubled. Compared with younger patients, older people suffer from more comorbidities, a higher mortality rate, require more complex assessment and diagnostic testing, and tend to stay longer in the emergency department. This book, written by internationally recognized experts in emergency medicine and geriatrics, not only presents the state of the art in the care of this population but also underlines the increasing need for adequate training and development in the field. Psychology and Geriatrics demonstrates the value of integrating psychological knowledge and insight with medical training and geriatric care. Leading physician and geropsychologist contributors come together to share their collective wisdom about topics that are as emotionally uncomfortable as they are universally relevant. As the world struggles to respond to unprecedented gains in life expectancy and an explosion of new retirees living with chronic health conditions, this collaboration could not be more timely. This exceptional resource is, itself, evidence that physicians and psychologists can work together to optimize truly patient-centered geriatric care. Here at last is a scientifically rigorous, evidence-based response to the aging mind and body from those most expertly trained. Illustrates why and how psychologists must assume a more integrated role in meeting the health care needs of older patients Confronts emotionally laden topics such as cognitively impaired driving, caregiver burden, end-of-life communication, suicide, and systemic issues such as bias, payment, and the culture of medicine Challenges decades-long barriers to integration, from both physician and psychologist perspectives, suggesting how they can finally be overcome Provides an innovative, practical response to academic medicine's growing emphasis on psychological and behavioral science Demonstrates how health care reform creates a behavioral health niche that clinical psychologists are uniquely qualified to fill Geriatric medicine is aimed at the promotion of health in older adults. There is no particular age at which patients are placed under the care of a geriatrician. It depends on the patient's needs. Owing to a physiologic decline in organs, older adults develop certain diseases and complications from even minor problems. Sometimes, even multiple problems can compound, often leading to polypharmacy. This can lead to adverse drug reactions and drug interactions. Geriatric medicine can have several specializations, depending on the care provided to the elderly. Some of such specializations are geriatric nephrology, geriatric dentistry, geriatric rheumatology, geriatric urology, etc. This book provides comprehensive insights into the field of geriatric medicine. It presents researches and studies performed by experts across the globe. It will help the readers in keeping pace with the rapid

changes in this field. Named a 2013 Doody's Core Title! "The evidence-based protocols are designed as a primary reference and are useful, substantive, and timely...The broader contributions of useful format and succinct review of the evidence make it likely that this text will continue to be the leading resource in nursing education and practice."--The Gerontologist "Now more than ever, nurses are called upon to lead efforts to embed evidence-based practice in daily operations. As the IOM report states, 'nurses have key roles to play as team members and leaders for a reformed and better-integrated, patient-centered health care system.' The process of implementing sweeping change in health care will likely take years; however, nurses must start pragmatically and focus on these critically important protocols that have demonstrated improved outcomes for older adults. Simply stated, 'Pick this book up and use it.'" From the Foreword, Susan L. Carlson, MSN, APRN, ACNS-BC, GNP-BC, FNGNA President, National Gerontological Nursing Association "As a gerontological clinical educator/research nurse, I will often use this as a reference. The format and the content are good, and the explanations of how to best use the evidence simplify the process of sifting through mountains of information to figure the best practice." Score: 97, 5 Stars. --Doody's

One of the premier reference books for geriatric nurses in hospital, long-term, and community settings, this 4th edition has been thoroughly updated to provide the most current, evidence-based protocols for care of common clinical conditions and issues in elderly patients. Designed to improve the quality, outcomes, and cost-effectiveness of health care, these guidelines are the result of collaboration between leading practitioners and educators in geriatric nursing and New York University College of Nursing. Protocols for each clinical condition have been developed by experts in that particular area, and most have been systematically tested by over 300 participating hospitals in "Nurses Improving Care for Health System Elders" (NICHE). Evidence is derived from all levels of care, including community, primary, and long-term care. A systematic method in compliance with the AGREE appraisal process was used to rate the levels of evidence for each protocol. Protocols are organized in a consistent format for ease of use, and each includes an overview, evidence-based assessment and intervention strategies, and an illustrative case study with discussion. Additionally, each protocol is embedded within chapter text, which provides the context and detailed evidence for the protocol. Each chapter contains resources for further study. Key Features: Updated to provide a wide range of evidence-based geriatric protocols for best practices Contains new chapters on function-focused care, catheter-associated urinary tract infections, mistreatment detection, acute care models, and transitional care Illustrates application of clinical protocols to real-life practice through case studies and discussion Edited by nationally known leaders in geriatric nursing education and practice, who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Encompasses the contributions of 58 leading practitioners of geriatric care Written for nursing students, nurse leaders, and practitioners at all levels, including those in specialty roles Combining expert knowledge and first-hand experience, a noted elder care researcher confronts the long-distance care of her own mother. For millions of Americans caregiving is the "new normal." For Laura Katz Olson, a respected researcher of long-term care for the aging, *Elder Care Journey* chronicles the disruption of her world and how it is upended by the ever-increasing long-distance needs of her own mother. A healthy, Senior Olympics medal winner, Olson's mother is slowly and steadily incapacitated by Parkinson's disease and a gradual loss of vision. Thrust into a long-distance caregiving role, Olson finds her previous academic notions about assisting a frail parent increasingly at odds with the reality of the lived experience. In a narrative full of "ah-ha!" moments, tears, sighs, and outrage that will be familiar to many, Olson opens a window into the nursing home and home care industries that consume much in the way of taxpayer dollars, but often fail to deliver quality care. Olson's personal story vividly demonstrates not only the overwhelming bureaucratic barriers faced by care-dependent seniors but also their beleaguered adult children's attempts to ensure their parents' health, safety, and well-being. "After losing two siblings, Laura Katz Olson is left singularly responsible for her physically active and lively mother, Dorothy, a thousand miles away, both young at heart and eagerly bicycling everywhere, but increasingly limited by the normal process of aging. Being an expert on aging and health care, Olson is at first confident as she tries to

let her mother "age in place." More than anyone, she believes, she should know what to do. Shuttling between Florida and Pennsylvania, Olson settles into a crushing routine, and with each visit she finds incremental downward change in her mother's health. Pulled by daughterly guilt at times, but also a wellspring of love, Olson is frank about the resentment she sometimes experiences. "With a unique perspective that links the systemic flaws in our policy approach to elder care to real-world experience, Olson exposes the challenges we all face or are likely to face. More than a personal story, but nevertheless an extremely compelling one, the book should be read by those confounded and frustrated, and by those without direct knowledge of what quietly repeats itself millions of times a day." — Miriam Laugesen, Department of Health Policy and Management, Columbia University

In *Elder Care Journey*, Laura Olson tells the riveting story of helping her aging, disabled mother navigate the system of long-term services and supports. A renowned scholar of aging and long-term care policy, Dr. Olson was nevertheless unprepared for the daily frustrations involved in confronting a bewildering array of obstacles, deceptions, burdensome and repetitive procedures and paperwork, and catch-22s, ranging from the annoying to the downright dangerous. She shows how well-intentioned policies can fall far short of meeting people's needs, especially for those in greatest need, in a system based on fragmented interests and private-sector profit maximization. Combining scholarly expertise with personal experience, she ends the book with a detailed but highly accessible analysis of the long-term care system and how it could be improved to the benefit of both taxpayers and beneficiaries. This book is a compelling read for policymakers and for students and scholars of health care and social welfare policy, highly recommended for undergraduate and graduate courses. The author's experiences also provide helpful advice to caregivers on what to expect and how to deal with it, as well as reassurance that they are not alone." — Christine L. Day, University of New Orleans

If a society is judged by how well it treats its most vulnerable members, Laura Katz Olson, a prominent health policy scholar, demonstrates that we have a long way to go in how we serve frail and disabled elders in need of long-term services and supports at the end of their lives. Olson develops a compelling narrative that describes the subtle and not-so-subtle indignities imposed on elders and their caregivers navigating the complex maze of health and social service systems at their hour of greatest need. Even an expert such as Olson struggled in light of the challenges posed by these impediments. "By connecting her own personal journey to the larger societal challenges within which her struggles are embedded, Olson makes a significant contribution to the literature that should be required reading for scholars, practitioners, and policymakers looking to advance the welfare of the nation's most vulnerable citizens." — Edward Alan Miller, author of *Block Granting Medicaid: A Model for 21st Century Medicaid Reform?*

This page-turner is at once a tender tale of a daughter's devotion and a stinging indictment of the hugely complex and wholly inadequate American long-term care system. That an elder-care expert can barely navigate the Byzantine web of public and private insurance and services for her disabled mother is alarming enough. Truly horrific are the system's shortcomings and the increasing role that for-profit providers play, fleecing and even abusing their customers. A startling wake-up call." — Andrea Louise Campbell, author of *Trapped in America's Safety Net: One Family's Struggle*

This interdisciplinary clinical reference encompasses hundreds of current entries on a broad range of topics related to geriatrics and geriatric care across multiple health care disciplines. It contains the updated, evidence-based contributions of more than 250 nationally recognized geriatric healthcare professionals regarding elder-care concerns relating to society, community, caregiving, and the individual. Accompanying CD-ROM contains video learning modules on gait and balance and dizziness, a dermatology quiz, and downloadable cognitive assessment tools, to hone clinical skills. File formats include QuickTime movies, PDFs, and HTML documents. *Handbook of Geriatric Care Management, Fourth Edition* is a comprehensive and practical guide for care managers that addresses the multiple needs of aging adults and their families. An ideal teaching tool, it guides students and professionals along the journey of becoming a successful care manager. New to this edition are two new chapters on working with older veterans and helping clients with depression. Completely updated and revised, the Fourth Edition provides updated ethics and standards, a focus

on credentialing and certification, numerous case studies, sample forms and letters, and tips for building and growing a care manager business. The Second Edition of this A-to-Z guide covers a wide range of areas of concern pertaining to the growing geriatric population. Completely reviewed, updated and expanded, it includes more than 150 illustrations and charts. This text invites readers to investigate more than 200 disorders and age-oriented issues, such as lab value changes, sexuality, grief and loss, alternative therapies and cultural influences on compliance, self-care and recovery. Comprehensive and easy-to-use, this manual covers Alzheimer's, cataract removal treatments, and many other new and expanded topics. The leading reference in the field of geriatric care, Brocklehurst's Textbook of Geriatric Medicine and Gerontology, 8th Edition, provides a contemporary, global perspective on topics of importance to today's gerontologists, internal medicine physicians, and family doctors. An increased focus on frailty, along with coverage of key issues in gerontology, disease-specific geriatrics, and complex syndromes specific to the elderly, makes this 8th Edition the reference you'll turn to in order to meet the unique challenges posed by this growing patient population. Consistent discussions of clinical manifestations, diagnosis, prevention, treatment, and more make reference quick and easy. More than 250 figures, including algorithms, photographs, and tables, complement the text and help you find what you need on a given condition. Clinical relevance of the latest scientific findings helps you easily apply the material to everyday practice. A new chapter on frailty, plus an emphasis on frailty throughout the book, addresses the complex medical and social issues that affect care, and the specific knowledge and skills essential for meeting your patients' complex needs. New content brings you up to date with information on gerontechnology, emergency and pre-hospital care, HIV and aging, intensive treatment of older adults, telemedicine, the built environment, and transcultural geriatrics. New editor Professor John Young brings a fresh perspective and unique expertise to this edition. A wide variety of legal issues surround caring for older individuals. Health and human service practitioners need to plan, provide and evaluate geriatric care, while also understanding public policies. Legal knowledge is an essential part of caring for the elderly. Students and professionals must be able to deliver appropriate care while also being aware of any legal, ethical and political issues that may arise. Legal Aspects of Elder Care provides a clear overview of geriatric policies and laws, enabling the reader to use informed decision-making with older clients. Elderly Care Medicine Lecture Notes provides all the necessary information, within one short volume, for a sound introduction to the particular characteristics and needs of elderly patients. Presented in a user-friendly format, combining readability with high-quality illustrations, this eighth edition has been thoroughly revised to reflect advances in knowledge on how disease presents in elderly people, and changes in management practice, particularly regarding stroke, dementia, delirium, and cancer. New for this edition, Elderly Care Medicine Lecture Notes also features: More treatment tables and boxes throughout for rapid access and revision Expansion of material on polypharmacy and prescribing Discussion of emotional support, counselling and spirituality Advice for doctors on breaking bad news and end-of-life care Consideration of ethical and legal issues A companion website at www.lecturenoteseries.com/elderlycaremed features appendices which can be used as guidelines in a clinical setting, key revision points for each chapter, further reading suggestions, and extended content for specialty training in geriatrics. Not only is this book a great starting point to support initial teaching on the topic, but it is also easy to dip in and out of for reference or revision at the end of a module, rotation or final exams. Whether you need to develop or refresh your knowledge of geriatrics, Elderly Care Medicine Lecture Notes presents 'need to know' information for all those involved in treating elderly people. The protocols in this thoroughly updated edition address key clinical conditions and circumstances likely to be encountered by a hospital nurse caring for older adults. They represent "best practices" for acute care of the elderly as developed by nursing experts around the country as part of the Hartford Foundation's Nurses Improving Care to the Hospitalized Elderly project (NICHE). New to this edition are chapters on evaluating practice guidelines and measuring quality and outcome of care. Although the protocols were developed for acute care, they can be easily modified to work in other practice settings, such as the nursing home or home care.

Geriatric Medicine at a Glance logically presents the core principles of geriatric medicine, including mechanisms of ageing, changes in physiology commonly seen in older adults, and the clinical management and treatment of the key medical presentations affecting older patients. It provides a thorough overview of the essential required core knowledge, mapped to the British Geriatrics Society undergraduate curriculum on ageing. Geriatric Medicine at a Glance: - Is fully aligned with the newly developed British Geriatric Society curriculum on ageing for undergraduate medical students - Explains the relevant concepts associated with ageing in addition to the common medical presentations seen in older adults - Includes the perspective of nurses and other allied health professionals - Features 'best of five' MCQ self-assessment questions Geriatric Medicine at a Glance will help address the uncertainty often experienced by medical students and junior doctors when dealing with older patients.

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